



goodbeauty ▶▶

back to nature

Harness the power of lush natural products for skin that feels softer and appears clearer and more youthful looking

Honey

Honey is packed with vitamins B and C, amino acids, antioxidant and antiseptic properties, which can be used to calm stressed skin, rehydrate, combat anti-ageing and help heal. New Zealand's manuka honey is considered to be particularly beneficial, aiding in the reduction of scar tissue formation.



- TRY** Venustus Limited Edition Luxury Organic Honey Body Wash, \$99. A lush soak.
 Burt's Bees Beeswax Lip Balm, \$6.95.
 MAC Naked Honey Body Wash, \$30.
 Comvita Huni All Day Hand & Nail Cream, \$20.

Milk

Cow's milk is high in vitamins A and D, while goat's milk is great for reactive skin. "Goat's milk is rich in vitamin A and B1, lactic acid, which is great exfoliator, and selenium – a wonderful antioxidant," says founder of Billie Goat Soap Leanne Faulkner. "People with eczema often find goat's milk products are ideal."



- TRY** Billie Goat Soap Apricot Freesia Milk Bath, \$26.95. Softening and sweetly scented.
 Billie Goat Soap, \$8.95.
 MooGoo Fresh Milk Cleansing Bar, \$6.90.
 Billie Goat Soap Hand & Body Wash, \$13.95.

Lanolin

Derived from sheep's wool, lanolin is used to heal, soften and protect the skin. "Lanolin works well as a moisturiser as it's synergistic with skin's natural sebum (an oily substance produced by the skin)," explains Greg Doyle, product manager of Ella Baché, which has been using lanolin in its formulas since the 1930s.



- TRY** Ella Baché Savon Adoucissant, \$60. A cleansing cream-gel that balances oily skin and hydrates troubled complexions.
 Lanolips Lip Ointment with Colour SPF 15, \$13.95. Hydrates, protects and tints.